Sammy and Sally grow together.

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Illustrated by Mick Brownfield
Sammy had just brushed his big, shiny teeth, when he heard a voice outside his tree house.

“Sammy, Sammy, it’s the first day of spring!”
“What is spring?” said Sammy.

“It is one of the seasons of the year, the very best one really,” Sally replied.

“But what is a season?” said Sammy.
“Well, you know how the day is divided into morning, afternoon, evening and night?

Well, the year is also divided into four. They are the seasons - spring, summer, autumn and winter.”
“But why is spring so special?” asked Sammy.

“Well, spring follows winter, the very coldest season,” Sally replied. “It brings the sunshine that helps the fruit, nuts and vegetables grow.”
Sally lifted up a packet of carrot seeds and a small bag of tiny potatoes.

“Look, I have bought some seeds. We can grow some vegetables of our own.”
Sally showed Sammy how to plant the seeds in the ground. Sammy looked rather sad.
“There’s not much there to eat.” he said.

“Don’t worry, they start off as little seeds, but grow much, much bigger.” Sally explained.
After a few days, Sally took Sammy to check on the seeds. “Are they ready to eat yet?” Sammy asked.

“No Sammy, plants are like us, they take time to grow. And like us, they need lots of goodness and plenty of water if they are going to be healthy.”
After a few weeks, Sally showed Sammy how the seeds had grown into small plants with roots and leaves.

“Vegetables like lettuce and spinach have leaves that taste nice and roots that don’t.”

Others, like these potatoes and carrots, have roots that taste nice and leaves that don’t.”
After a few months, Sally told Sammy the vegetables were ready to eat.

So they pulled up some carrots, gave them a good wash and settled down for lunch.
“I really like growing vegetables,” said Sally.

“I really like eating them,” said Sammy.